

ELLINGTON TOWN CRIER

A SENIOR CENTER NEWSLETTER

Erin R. Graziani, Director
Noreen Staiger, Assistant
MaryAnne Mandell, Receptionist
Van Drivers: Jeanne Magurany
Clay Farnham and Paul Sawyer

TELEPHONE
870-3133

JULY 2005

Ellington Senior Center
16 Church Street

Monday: 8:30 am to 6:00 pm
Tues-Thurs: 8:30 am to 4:00 pm
Friday: 8:30 am to 1:30 pm

Greetings from the Director,
The Harvest Moon Revue variety show is set for Saturday, October 15, 2005 at Ellington High School Auditorium. Show time is 7:30 p.m. We invite businesses and individuals to make a donation towards our program booklet. Businesses may contribute by placing an ad and individuals may donate to our patron's list. For further information, please contact me before August 1. Unfortunately, due to the budget cut of \$17,000 for fiscal year 2005-06, we have the following changes effective July 1, 2005; Wednesday morning exercise classes have been canceled, blood pressure will no longer be offered weekly, instead twice per month and van transportation services to weekend events have been canceled. We are reviewing other programs at this time, in addition, to the above changes. I will be meeting with program volunteers throughout the Summer to review and make necessary changes. Also, we can no longer accommodate community organizations to hold meetings at the Senior Center, unless they are specifically for Seniors. Thankyou for understanding.

Blessings to all...

Sincerely,

Erin R. Graziani



OUT TO LUNCH:

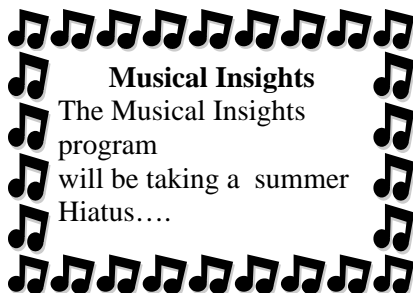
(no OTL in July)

Date: Aug 2, 2005

Time: Noon

Restaurant: Cheffries

Access Town Crier News
& Calendar -Town's website:
www.ellington-ct.gov click "Our
Town News" (blue column),
select "newsletter, select "Senior
Center"



Musical Insights

The Musical Insights
program
will be taking a summer
Hiatus....

HARVEST MOON REVUE VARIETY SHOW

Show Date: October 15
7:30 p.m.

Ellington High School
Auditorium



***SENIORS PLEASE CANVAS
FAMILY & FRIENDS TO BE
PLACED ON OUR PARTONS
LIST. Donation at least \$10.00
NAME OR FAMILY. WE NEED
ALL NAMES BY AUG.1st**

Volunteers Meetings

July 7 @ 2 PM: Callers to do
telephone work

July 11 @ 12:30 PM: Memorabilia
helpers

We thank our June guest speaker,
Jamie Herlihy Carbone, Dental
Hygienist, Ellington Dental
Associates for her very in-
formative updates on dental
care...



VAN NEWS: Please sign-up for transportation
with the Receptionist, if you wish to take the van.



**To reserve a ride, please call (870-3133) at least 3 business days in
advance. First time riders, must fill out "Intake" form prior to your ride.**

Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical appointments for Ellington
residents. For reservations call Senior Center Director, Erin Graziani at
870-3133 **at least 2 weeks in advance. Program is funded in part by the
Older Americans Act through the North Central Area Agency on Aging.**

FRIENDSHIP CLUB-Meeting Dates: Fridays at 10: 30 a.m.
August 12 and December 9. See Noreen for details.

MEMORIES & CREATIVE WRITING

Meetings take place at the
Senior Center
on the third Monday of every mont-
July 18, 2005
6:00-7:30 p.m.

**Come share and reminisce with us!!
Newcomers always welcome!**

HEALTH & WELLNESS NEWS

Blood Pressure Clinics and Diabetic Screening:

- ⇒ Blood pressures **2nd & 4th Tuesday** from 1:30-3:00 p.m.
- ⇒ Diabetic Screenings are taken on the **4th Tuesday**.



Tai Chi Sword, 24 and Fan: Every Monday beginning with Sword at 10:45 a.m., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.



Dancing:

Line Dancing: Mondays from 1:30-3:00 p.m., volunteer instructors; Dot Willis.

Oberek, Advanced Polka, Waltz and Line Dances and Ballroom Dancing : Enjoy a Summer Hiatus!!

Harvest Moon Revue Dance Classes will be held at certain times throughout the Summer. Classes will be posted at the Senior Center.

VETERAN'S NEWS:

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital. Anyone who would like to make a robe for the Vets, please contact Erin at the Senior Center. (870-3133)

Veteran Contacts:

VFW– Jim Stemmerman, Commander @ 872-3446 or Services Officer Morris Webber @ 875-2613
American Legion– Leonard Johnson Services Officer @ 871-1498
State Representative Ted C. Graziani @ 240-8531



VICTORIAN TEA PARTY

Saturday, July 16, 2005
1:00-4:00 p.m.

at the Senior Center
Tea Sandwiches
Desserts

Entertainment: Harpist
Ladies Wear Hats or a charge of \$2.00 will be added
Cost: \$5.00 paid at time of sign-up

Limited Seating
Hostess: Dotty Carney



The Better Age Singers

Resume on
Wednesday, August 31

To begin rehearsing for
Harvest Moon Revue Show
in October. 10:30 – 11:30 a.m.
At the Senior Center



LET THE GAMES BEGIN

BOCCE
SNIPSIC VILLAGE

EVERY WEDNESDAY
10:30 A.M.

CONTACT: Mary Bertelsen
at the Senior Center

LEARN TO READ MUSIC

Every Wednesday
10:30 a.m.

Mary Regan, Volunteer Instructor

PIANO MUSIC

Listen to the 1940's medley of songs
performed by pianist, Maryann E. Allcroft

Wednesday, July 13, 2005
1:30—3:00 p.m.
at the Senior Center

As a courtesy, please sign-up by 7/11



THE BOOK CLUB



Tuesday, July 19 ~ Let's read two books.

We will continue to read the series by Sue Grafton with the second book, "B" is for Burglar. Also, let us read a nonfiction book, Freakonomics, by Steven D. Levitt & Stephen J. Dubner

MOVIES OR MALL:

Moviegoers: Redstone Cinemas at Buckland:
Tuesday, July 12: You Can't Take It With You.
Starring Lionel Barrymore & Jimmy Stewart
Showtime: 1PM ~ Cost \$1.00 includes admission, popcorn & soda.
Or, if you prefer, **shop** and browse at the Mall and area.
Van transportation available.





CARDS AND GAMES

The Bridge Players: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

Evening Cards: Setback: Tuesdays see Ernie Nelson. **Pinochle**—Every Friday double deck

Pinochle @ 6:30 pm and Regular Pinochle Saturdays @ 6:30 pm, See Bob Karlowicz. **(No games Sat. 7/2, due to holiday weekend and Fri. 7/15 due to Tea Party Set-up) Evening Card Games take place on Friday & Saturday evenings, unless it is a holiday weekend, then canceled.**

Games Night: The first Monday of every month @ 6pm; see Joan Randall.

Mahjongg: Come join in the fun! Every Monday @ 3pm and every Friday @ 10:00 a.m., see Sylvia Kravitz.



THE CRAFTY CORNER

Lucille's Knitting: Will resume in September.

Rose Parent's Sew & So: 1st and 3rd Thursday @ 9:30 a.m.



Carolyn's Crafts: 2nd and 4th Thursday @ 10:00 a.m.

Denise's Block Style Knit: Please check calendar throughout the Summer for specific dates.

Scrapbooking: 1st Thursday @ 2pm



ELDERLY OUTREACH SERVICES: Contact Anna Turner, @ 870-3131 for information on programs and services for residents age 60 and older. Renter's Rebate program for residents age 65 and older may be eligible for a rebate from the State..if you have been a tenant in 2004 call Anna for an appointment. Program runs from May through September.

Trips 2005

A non-refundable \$10.00 deposit is required at sign-up for all trips. If a deposit is not made, you will be placed on the waiting list. A "Medical Waiver" form for 2005 (gold color) is required. Payments will be received on Tuesday and Wednesday from 2:00—3:30 p.m. Parking available at Town Hall for bus pick-up and drop off (at Maple St. entrance). Please be at the pick-up site 15 minutes before departure time posted on each trip. For more information on the trips, call the Senior Center (870-3133).

Hukelau Twin Lobster Hawaiian Beach Party: Thursday, *July 14*; The Travel Group presents this trip that includes Hawaiian Show with luncheon menu: Twin Steamed Lobster or Prime Rib of Beef. Leave at 10:30 a.m. and return approximately 4:00 p.m.

We're Going to the Dogs: Sunday, *August 14*; leave at 9:00 a.m. and return approximately 7:00 p.m. Join us on a trip to New Hampshire and Hinsdale Greyhound Park for a Sunday afternoon! Package includes roundtrip motor coach, clubhouse admission, race program, buffet luncheon and drivers' gratuity. Cost: \$44.00 person. **PLEASE NOTE CLUBHOUSE IS AIRCONDITIONED!!!**

Myrtle Beach "Showtime": Saturday, September 10—Friday, September 16; Ocean Front Hotel, Charlestown and Musical Shows, Dolly Parton's Dixie Stampede, Silver Fox motor coach. Tour Cost: \$700.D, \$680.T, \$830.S

Upcoming with more details:

November: Comedian Carl Hurley at Garde Arts Center, New London & Mohegan Sun